JANUARY/FEBRUARY 2016

Center for Ethical Leadership

Developing Leadership for More Healthy Just Inclusive Communities

Celebrating A Quarter Century of Service



Upcoming Programs

Introductory Peacemaking Circle February 26-28, 2016

Register Now

Introduction to Keeping Peacemaking Circles March3-5, 2016

Must attend an Introductory Circle 1st, contact Keiko with questions.

Courageous Collaboration with Gracious Space Training: March 31-April 1

Register Now

Information Sessions about Beyond Skin Deep: Building Pathways Toward Racial Equity March 29 or April 7, 1-2:30p More info on page 4 or email waing@ethicalleadership.org



From the Executive Director

I want to take a moment here to honor the memory and contribution of our former Board of Trustees President, and longtime friend of the Center for Ethical Leadership, **Roger Erskine**, who passed away on December 11, 2015. Roger dedicated his life and work to advancing the common good by working to improve education access and quality for all kids and encouraging people to play their part in the democratic process at local and national levels. We were first introduced to Roger when he attended the 2000 Confluence: Uniting to End Poverty. After attending the Confluence, Roger shared about his experience, *"In my 40 years in education I've been to a lot of meetings. This was*

the best meeting and best facilitated conference I've ever been to. I found at core of people in this city working on the whole

mosaic, and it gave me inspiration and hope that this can work. I no longer felt I was functioning in a vacuum." Roger joined our Board in 2008 and served as President from



2009-2015. He was an inspiration, mentor and friend. ~Waing Waing



Our Peace Making And Healing Initiative

Keiko Ozeki, Ed.D

The Center for Ethical Leadership has been organizing immigrant and refugee Peacemaking Circles for more than two years. Immigrants and refugees are wonderful, gifted community members, yet they experience regular suppression and loss of their social and cultural identities.

The purpose of our peacemaking circle process is to create safe and fruitful spaces for immigrants and refugees, and their allies, to heal themselves, retrieve their sense of authentic self, build trust and relationships through the sharing of real-life stories, and support each other's leadership journey.

This is an experiential process from which the reported outcomes vary but consistently include:

- Developing cultural perspectives
- Listening deeply
- Speaking your own truth in a good way
- Healing/liberating self
- Retrieving authentic self
- Increasing hope and confidence
- Transferring negativity into positive actions
- Learning how to approach conflicts in non violent and humane ways
- Learning how to navigate a complicated life

- Learning how to developing trust and meaningful relationships
- Learning how to build inclusive communities
- Developing leadership skills using the peacemaking principles

As a result of the highly effective nature of these circles, the Tokyo Atago Rotary Club, in collaboration with the Center for Ethical Leadership and the Seattle Rotary Club, launched a Peacemaking Circle project for Immigrants and Refugees in Seattle last year. They plan to bring Peacemaking Circle process to Japan in order to support the immigrants and refugees living there.

2016 is the right time for you to become involved in Peacemaking and Healing Initiative. This project is designed to help immigrants and refugees in Seattle:

- To improve their communication skills
- To heal stress, pain, trauma, and depression

If you are interested in immigrant/refugee peacemaking circles, take a moment and contact Dr. Keiko Ozeki kozeki@ethicalleadership.org



Donate Today

Our work is the cultivation of more healthy, just, inclusive communities and our trainings have equipped over 35,000 people to step back into their daily lives knowing more effectively how to extend understanding and build trust across diversity and conflict.

As the Center for Ethical Leadership lights the path to leadership for the common good, your financial partnership make our world changing work possible. We invite your partnership in making peace in the world today. Please donate generously today.

Make a difference today DONATE NOW!

By Steve Stapleton

Sixteen Years with the Center: A Retrospective

Having worked at the Center for Ethical Leadership for 16 years, I find that somewhere during that time I changed from being the *young person* on staff to being the *staff historian* or even playing the role of the *elder*. People often ask me, "What has changed since you started at the Center?" and I answer, "Nothing has changed and everything has changed."

On the surface, I still sit in the same spot in the same office that I did when I started back in August of 1999. I have the same email, we have the same mailing address, and same phone number.

On the other hand, none of my original colleagues are still employed at the Center, and in fact, my current colleagues had not even heard of the Center for Ethical Leadership back in 1999.

As good organizations do, we've grown and evolved over the years. The names of our programs have changed from Youth Leaders of Promise (YLOP), Citizen Leaders Institute (CLI), and Ethical Decision Making trainings, we moved on to Confluences, Gracious Space, Collective Leadership, Community Learning Exchange (CLE), Network Leadership, to our current Peacemaking and Healing, Culturally Fluent Leadership, and 21st Century Leadership.

However, one thing that has not changed is our focus on developing leadership that advances the common good, or as we now say, Healthy, Just, and Inclusive Communities. While our program names have changed, and expanded to include the most current thinking in the field of leadership, the essence of our work is still grounded in the same purpose of nurturing and developing leaders by guiding an internal process of reflection, clarification, healing, and discovery. And since our world is interdependent our leadership must also be grounded in healthy relationships, which is why we also continue to facilitate and coach groups through the collective process of creating an empathetic space, sharing wisdom, building trust, and crossing boundaries, all to make change that advances the common good.

My Peacemaking Circle Experience

By Cathrin Anderson

I joined the Immigrant Women's Circle that takes place at Center for Ethical Leadership monthly in June 2015. It was at a time when I was feeling like I was losing my social identity due to being an immigrant in Seattle. In December, I was fortunate to be able to attend a 3-day Introductory Peacemaking Circle as well.

The circle process has been a very enriching experience for me as I was able to gain the capacity to listen deeply, handle difficulties in my life through listening to others and sharing my story. This has helped me to relieve stress and recover from past pain in reframing my story and changing within myself. Moreover, attending peacemaking circles has given me the opportunity to build a sense of belonging in Seattle and to connect with people from different cultures, races, and ethnicities. As a result, I feel hopeful and resilient to navigate difficult situations and was able to create healthier communication with the people in my life.





Information Sessions about Beyond Skin Deep: Building Pathways Toward Racial Equity March 29 or April 7 1-2:30pm @ Beacon Hill Library, 2821 Beacon Ave S, Seattle, 98144

Come to one of the two information sessions to learn more about a new series of training workshops the Center will be piloting later this year in partnership with Toi Sing Woo of New Directions Consulting. The goal of the **Beyond** Skin Deep: Building Pathways Toward Racial Equity training program is to support non-profits in developing culturally fluent, collaborative leadership, and inclusive organizations that are responsive to the needs, and strengths, of a multi-racial community. This requires a transformation process centered on reaching beyond boundaries, building trust and understanding, and fostering collective leadership to address systemic racism inherent in the structures, systems and cultures operating in the non-profit sector. The workshop series will provide practical information and tools to support non-profit professionals to design and implement specific strategies and actions to build pathways toward racial equity in their organizations. Email guestions to: waing@ethicalleadership.org