



Gifts and Capabilities

Gifts (natural or acquired), are qualities that you take with you wherever you go. Capacities are qualities you've worked at to develop.

1. My core values:

2. My gifts & capacities as I see them:

Share your gifts with others. List the additional gifts they see in you.

3. What did you learn about myself and your gifts & capacities?

A GIFT ISN'T A GIFT UNTIL IT'S GIVEN AWAY!!!!