Each quadrant in the circle below represents one of the four elements of Gracious Space.

Each element has three levels:
- Novice: center of the circle
- Proficient: at the hash mark
- Master: on the circle

1. Assess your capacity for being Gracious Space (carrying the inner attitude and readiness) in working with each element, and place a mark at your current capacity.

2. Assess your capacity for doing Gracious Space (having a tool kit and activities) for each element, and place a mark at your current capacity.

3. In each quadrant, note the ways and behaviors of being and the tools and activities for doing you already know and use to activate the element.

4. Connect the marks to get a visual representation of your current competency.