Gifts (natural or acquired), are qualities that you take with you wherever you go. Capacities are qualities you’ve worked at to develop.

1. My core values:

__________________________
__________________________

2. My gifts & capacities as I see them:

__________________________
__________________________
__________________________
__________________________

Share your gifts with others. List the additional gifts they see in you.

__________________________
__________________________
__________________________
__________________________

3. What did you learn about myself and your gifts & capacities?

__________________________________________________________________________________________
__________________________________________________________________________________________
__________________________________________________________________________________________
__________________________________________________________________________________________

A GIFT ISN’T A GIFT UNTIL IT’S GIVEN AWAY!!!