



Gracious Space Competency Worksheet

Each quadrant in the circle below represents one of the four elements of Gracious Space.

Each element has three levels:

Novice: center of the circle

Proficient: at the hash mark

Master: on the circle

1. Assess your capacity for *being* Gracious Space (carrying the inner attitude and readiness) in working with each element, and place a mark at your current capacity.
2. Assess your capacity for *doing* Gracious Space (having a tool kit and activities) for each element, and place a mark at your current capacity.
3. In each quadrant, note the ways and behaviors of *being* and the tools and activities for *doing* you already know and use to activate the element.
4. Connect the marks to get a visual representation of your current competency.

