



Feng Shui, the Art of Placement

What is Feng Shui? This is a simple question that can be difficult to answer. Feng Shui is an ancient art and science developed over 3,000 years ago in China. It is a complex body of knowledge that reveals how to balance the energies of any given space to assure the health and good fortune for people inhabiting it.

"Feng" means "wind" and "shui" means "water" (pronounced fung-shway). In Chinese culture gentle wind and clear water have always been associated with good harvest and good health, thus "good feng shui" came to mean good livelihood and fortune, while "bad feng shui" came to mean hardship and misfortune.

Feng Shui is based on the Taoist vision and understanding of nature, particularly on the idea that the land is alive and filled with Chi, or energy. The ancient Chinese believed that the land's energy could either make or break the kingdom, so to speak. The theories of yin and yang, as well as the five feng shui elements, are some of the basic aspects of a feng shui analysis that come from Taoism.

The main tools used in a feng shui analysis are the compass and the Ba-Gua. The Ba-Gua is an octagonal grid containing the symbols of the I Ching, the ancient oracle on which Feng Shui is based. Knowing the Ba-Gua of your physical space such as home or office will help you understand the connection of specific feng shui areas of your home to specific areas of your life.

For more information, visit:

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